



## Heat Treatment Prep List

Treatment Date \_\_\_\_\_

### Resident Must Remove from Heating Areas

- All Plants and Pets (including Fish)
- Fresh Fruits & Vegetables, chocolate, carbonated beverages, wines & liquors
- Candles, Wax, Crayons, Lipstick and other Cosmetics
- All Medicines and Vitamins
- Arts & Craft items that are assembled with hot glue
- Computer Software, Vinyl Records, CD's, Audio & Video Tapes
- Oxygen Tanks, Aerosol Containers, Fire Extinguishers, Cigarette Lighters and other combustible items
- Musical Instruments (may detune due to contraction and expansion)
- Magnets (including fridge magnets)
- Oil Paintings, Acrylic Art Work
- Family Heirlooms

### Other Important Preparations

- Bedroom closets should be free of clutter (including closet shelf)
- Computers, TV's, Stereos, Home Theatre Systems and Clocks should be Unplugged (except oven, fridge and freezer)
- Hung clothes should be spread apart to allow heat penetration.
- Stack of clothes in dresser drawers and closet shelves should be reduced to no more than 3" in depth (bag in plastic garbage bag, tie and move to laundry area – dry at high heat 30 minutes before replacing)
- Plastic or Vinyl Blinds must be pulled tight, removed and placed on the floor to avoid warping
- Excess piles of paper and magazines must be disposed of.
- Pictures hung with Velcro or adhesive hooks should be removed from the wall as the glue will soften and let go.

**\*\*Clutter must be Eliminated in order to Ensure a Successful Treatment\*\***

Note: Most items can be safely stored inside your oven, freezer or refrigerator.  
Bathrooms may also be used for storage as they are generally not heated. Residents will not have access to the home until completion of the treatment.

**\*Proper Preparation is 50% of a successful treatment\***

**Thank you for your co-operation**